

Home Emergency Kit Contents

Montage at Mission Hills



The following is a suggestion for items to include in a home emergency kit. Items should include, but not be limited to, these following items.

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| • Flash Light and Batteries | \$7.00 - \$10.00 |
| • Leather Gloves | \$3.00 - \$5.00 |
| • Gas Shutoff Tool or Adjustable Wrench | \$8.00 - \$10.00 |
| • Scissors | \$3.00 - \$5.00 |
| • Duct Tape | \$2.00 - \$3.00 |
| • Knife -All Purpose Tool | \$2.00 - \$3.00 |
| • Clipboard with Pen | \$4.00 - \$6.00 |
| • Vinyl or Latex Gloves | \$3.00 - \$5.00 |
| • Hand Wipes, Wet Ones, Etc. | \$4.00 - \$6.00 |
| • Face Mask (full face shield) | \$15.00 - \$20.00 |
| • Goggles | \$4.00 - \$5.00 |
| • White bed sheet torn into strips for flags | No Cost |
| • Food, Something to Eat Granola Bar, Chocolate Bar, Trail Mix; Dried Fruit; Etc. | \$15.00 - \$20.00 |
| • Bottled Drinking Water (1 case) | \$7.00 - \$10.00 |



PREPARATIONS BEFORE AN EARTHQUAKE HAPPENS

1. SECURE YOUR STUFF
 - A. Water Heater, Appliances, Furniture and Bookcases, Objects on Shelves, Wall Hangings, Self-Standing Units, Garage Items - Especially Hazardous Chemicals, Cabinets, Shop and Gym Equipment
 - B. Securing Stuff Prevents Injuries
2. MAKE AND PRACTICE PREPAREDNESS PLANS
 - A. Designate who is in charge of the plan and implementation
 - B. Plan for 7 to 10 days to be on your own, 20 gallons of water per person, food for 7 to 10 days and 7 to 10 days of prescription medicines
 - C. Plan that your cell phone will NOT work
 - D. Plan to have cash as credit card machines may not work
 - E. Know your HOA or neighborhood Preparedness Plan
 - F. Decide in advance where to meet if separated from family
 - G. Keep flashlight and shoes in dresser drawer next to bed
 - H. Completed all items listed above and others - Practice Your Plan Often
3. PUT YOUR SUPPLIES IN KITS, BACKPACKS AND CONTAINERS
 - A. Have a well-equipped first aid kit, important papers and extra clothes, any pet needs
 - B. Preparedness kits, backpacks and containers should be stored in your home, car and work place - You will not know where you will be when an earthquake hits.
4. SECURE YOUR BUILDING AND FINANCES
 - A. Check the structure of your home - fix defects
 - B. Secure your space: Home Not Bolted to Foundation, HVAC Units, Suspended Air conditioner, Large Windows, Ceiling and Pendant Mounted Lights
 - C. Determine your building problems and fix them, Remember a Secure Place Prevents Injuries
5. DURING AN EARTHQUAKE
 - A. DROP, COVER AND HOLD ON
 - B. OPENDOORS - Drop, Cover and Hold On to sturdy desk or table - hold firmly. Avoid exterior walls, hanging objects, large appliances and kitchen cabinets. Look for interior walls as places to drop, cover and hold on.
 - C. DRIVING - Pull over to the side of the road. Avoid overpasses, bridges and powerlines. If power lines fall on earth stay inside until trained person removes the lines.
 - D. HIGH RISE BUILDING - Avoid windows and other hazards. Do not use elevators
 - E. IN BED - Hold on, Stay in bed, Protect head with pillows
 - F. OUTDOORS - Move to clear area, Avoid power lines, trees, buildings and other hazards
 - G. THEATER - Stay in your seat, Protect your head, Don't leave until shaking stops - walk out slowly and look for falling objects

AFTER AN EARTHQUAKE

6. CHECK FOR INJURIES AND DAMAGES
 - A. INJURIES
 - a) Apply direct pressure to bleeding wound
 - b) Use clean gauze or cloth to cover wounds
 - c) Administer cardiopulmonary resuscitation if person is not breathing
 - d) Do not move seriously injured person
 - e) Cover injured person with blanket
 - f) Get medical help

B. DAMAGES

- a) Wear sturdy shoes, Use work gloves, Avoid broken glass, Wear dust mask
- b) FIRES: If possible put out fire, call for help, keep fire extinguisher
- c) GAS LEAKS: If there is a leak ~ Shut off main gas valve
- d) DAMAGED ELECTRICAL WIRING: Shut main breaker
- e) BROKEN LIGHTS AND APPLIANCES: Unplug them to prevent fires
- f) DOWNED POWER LINES: Stay away and never touch
- g) FALLEN ITEMS: Beware when opening cabinet doors and closets
- h) SPILLS: Use extreme caution - clean up any non-toxic substances; bleach, lye, garden chemicals, gasoline or other petroleum products should be isolated with absorbent such as dirt or cat litter

7. COMMUNICATE AND RECOVERY

- A. Turn on portable or car radio
- B. Place all phones back in cradle
- C. Check condition of your neighbors
- D. Be sure there are no gas leaks before using matches or lighters
- E. If power is off, plan to use the refrigerated and frozen foods first
- F. Avoid drinking water from the swimming pool or spa
- G. It is safe to drink water from water heaters, melted ice cubes or canned goods
- H. Do not eat anything from open containers that may be contaminated or contain broken glass

- To Learn More, Visit <http://ranchomirageca.gov>
- ** Expanded List, Visit <http://earthquakecountry.info>