

# The Comprehensive Earthquake Preparedness Checklist

Many of you have asked if I have a list of things for my earthquake supplies ...So here it is. You can get most of this at Walmart which is open 24 hours nearby on Monterey. What I added recently are the **highpower book lights** that can stand up by themselves. When we had the power outage a couple of months ago they were great to have around better than flash lights, or get the small camping lights that are battery operated. Lamps Plus carries these. I got 20 of them and put batteries in all of them.



## ITEMS TO HAVE NOW!

1. WATER—1 GALLON PER DAY FOR 14 DAYS FOR EACH PERSON
2. TENT—YOU'LL NEED ONE WHETHER YOU EVACUATE OR STAY
3. PLASTIC TUBS TO HOLD EMERGENCY ITEMS
4. DRY FOOD—14 DAYS MINIMUM
5. FLASHLIGHTS WITH EXTRA BATTERIES
6. IMPORTANT PAPERS—Copies of Birth Certificates, Passports, Financial
7. TOILET PAPER—LARGE SUPPLY
8. TOILET SUPPLIES—SOAP, PLUS SEE LIST BELOW
9. MEDICINES—Including copies of prescriptions
10. PET FOOD & SUPPLIES—At least 2 weeks minimum

I also bought for out side to keep in..Walmart, you can put a pad lock on it not a key one...

## Suncast Multi-Purpose Storage Shed GS17500

Store yard equipment, tools, patio cushions and more in this multi-purpose storage shed.

Featuring a convenient split-lid design with double doors for easy access and a lockable lid, you can be sure that your outdoor items are safe when not in use.



11. a tall white paint bucket as a potty, unless you knees and balance are good enough to squat. they have these kind of things in the camping section too, don't forget good trash bags to keep sanitizing

12. CASH MONEY (Small Denominations & Coins)
13. CLOTHING—Including jackets and rain gear
14. SLEEPING BAGS, BLANKETS, OR SPACE BLANKETS
15. DUST MASKS (Sealed)—Recommended M-100's or higher
16. HANDI-WIPES, WET-N-DRYS, HAND SANITIZERS
17. STURDY WALKING OR HIKING SHOES
18. CAR ADAPTER—For charging cell phones and other electronic items
19. CAN OPENER and/or SWISS ARMY KNIFE
20. RADIO—PREFERABLY SATELLITE—EXTRA BATTERIES
21. WRENCH TO TURN OFF GAS AT YOUR HOME
22. many many good fire extinguishers

- small cooking like hibachi with little dura flame logs. these can keep you warm as well as cook anywhere
- camping coffee pot
- small cooking pots for soups
- soups with pull up tab lids

- freeze dried food
- energy bars
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After putting together these two lists, then start adding to the plastic tubs with items you already have on hand in your home. Check them off as you go.

- Ax / Maul (min. 6 lb.)
- Broom
- Cheese Cloth (To Strain Particles From Water)
- Clothing
- Coil of Wire
- Coils of Rope 1/4", 1/2", 3/4" (25' – 50')
- Compass
- Crowbar or Claw Tool (36" or Longer)
- Dry Food
- Entertainment Pack – Family Photos, Notebooks, Literature, and Games
- Fire Extinguisher (We recommend a dry chemical type with a minimum size rating of 2A -IOBC, with an earthquake restraining strap, a hose type nozzle, and a metal head.)
- Flashlight With Batteries, Chemical Light Sticks and Matches, In Waterproof Container
- Hammer and Nails
- Plastic Garbage Bags (Heavy Duty, 30 Gal. or Larger)
- Plastic Sheeting Rolls (4 Mil. 10' X 25')
- Radio – Satellite is best (Battery Powered Portable)
- Screwdrivers
- Shovel (flat head and pointed)
- Sleeping Bags, Blanket, or Space Blanket
- Small and Large Plastic Bags
- Tarp (PVC or Canvas, Minimum Two, 8' X 10')
- Tent (Family or Tube Type)
- Walking Shoes and Socks plus Road Map
- Water – (Bottled plus strainer straw)
- Work Gloves

## **SANITATION SUPPLIES**

- Dust Masks (Sealed)—Recommended M-100's or better;
- Handi-wipes, Wet-N-Drys, etc. for water free cleanup
- Insect Sprays
- Plastic Bags – heavy duty garbage can size and smaller zip-lock types
- Portable (Collapsible) Camp Toilet with Chemicals
- Powdered Chlorine Lime – (proper storage is required, it is an oxidizer and it is corrosive)
- Toilet Paper (A very large supply)
- Toilet Supplies – Towelettes, Shampoo, Toothbrush and Toothpaste, Razor and extra Blades, Deodorant, Sanitary Napkins, Etc.
- Water purifier (Don't rely on the cheese cloth above)

## **THINGS THAT ARE ALSO GREAT TO HAVE.**

- Adapter for recharging cell phone in your car
- Air Mattress
- Backpacks for each person—in case you have to hike out

- Bicycles—with Bike Carrier
- Boy Scout Fieldbook or a survival guide
- Camp Stove with a one month supply of fuel
- Can opener—one that is easy to use
- Candles
- Cargo straps to tie down containers, suitcases, duffle bags, etc.
- Car keys—extra set
- Cell phone(s) and chargers—both car and normal plugs
- Clipboard for sheet with your destination that you leave
- Deck of Cards and Paperback Books (in case you get stuck)
- Extra batteries for the radio and flashlights
- Eye glasses—extra set
- Games for Children
- Gas can(s) to attach to the back of your vehicle
- Gas siphon tube (do internet search)
- Gas topped off every few days
- Hand sanitizers
- Important papers—Originals or copies of your birth certificates, passports, financial papers, and so on
- Infants, disabled, and elderly special items they require
- Jumper cables and/or battery charger
- Knapsacks or canvas bags for each person's personal items
- Laptop and/or Blackberry with all cords including car plug-in
- Map with A, B, and C designated escape routes (no bridges)
- Medical book for diagnosis and treatment
- Medicines AND photocopies of prescriptions
- Multi-function Swiss Army knife
- New tires if needed for car
- Padlock
- Pens and “Sharpies” for writing on odd surfaces, filling out forms
- Photo albums
- Plastic bowls for each member of the family with lids
- Plastic forks, knives, and spoons
- Ponchos with hoods plus waterproof pants for the whole family for inclement weather
- Portable fast charger for cell phone
- Rubber gloves—prevents infection
- Safety pins
- Sectioned tent poles for the tarps
- Sunscreen
- Tire and air mattress air pump that runs off your car battery
- Towels
- Tow rope for car
- Trash Bags
- T-Shirts
- Video Record of everything in your dwelling
- Warm coats, sweaters, caps and gloves—you can pack last year's coats in the kit
- Whistle
- Wrench for turning off the gas at your house

### **DON'T FORGET YOUR PETS!**

- Buy or make up an emergency kit for them. Recommended:

- Pet food for a minimum two weeks, but a month is better
- Water
- Water purification tablets. If you run out of bottled water, they will need to drink from whatever is available
- Thermal or warm blanket
- Sweater or coat if your pet is used to wearing them outside in the winter
- An extra collar and leash
- Toys
- Bowls for food and drink—preferably collapsible to cut down on space
- Emergency supplies, from nose to tail
- Sanitation bags
- Medicines for your pet(s)
- Microchip your pets in case you become separated

NOTES: Please note that perhaps you will not need all of the above, but better safe?

I highly recommend, if you can afford it, the family size tent, if you don't wish to buy or rent a RV or travel trailer. You don't know how long you may have to live in it, so the larger the better. If they run out locally, shop on the internet, but the earlier the better. For those of you without camping experience, the tarps are what you can sit under and cook under in inclement weather or hot sun.